

Wrestling season is almost here! If you would like to join the SMMS Wrestling Team, we would love to have you. No experience is necessary. You will practice with other NEW wrestlers in the wrestling room at CCHS - Home of the 10X Defending State Champions. Wrestlers will ride shuttle bus #112 with your teammates from SMMS to CCHS every day after school for practice. We look for students in the hallways and classrooms who seem to be respectful and hardworking because that is the key to becoming a good wrestler. Remember, you don't have to be great to start, but you have to start to be great!

### First Practice: Monday October 16th. You must have the following:

- 1. Current Physical and Insurance Form on File (see office for physical packet)
- 2. Practice Clothes (t-shirt, shorts, or sweats basic clean PE clothes work fine)
- 3. Wrestling Shoes (you can practice in socks until you get a pair of shoes)
- 4. Signed Permission Form (bring to first practice)

Practice Schedule: Monday, Tuesday, Wednesday, & Thursday from 3:00 - 4:15 (activity bus departs at 4:30)

#### **Competition Schedule:**

Thurs	11/2	vs CMS	@ Camden Middle	4:30 PM
Thurs	11/9	vs Risley	@ Risley Middle	4:30 PM
Thurs	11/16	vs Coffee	@ Coffee	4:30 PM
Thurs	11/30	Dual Championships	CCHS Gym	4:30 PM
Thus	12/7	Individual Championships	CCHS Gym	4:30 PM

#### Remind & Google Classroom:

We use Remind & Google Classroom for Parent / Wrestler Communication. Please join! Simply text @smmswr to the number 81010 to join Remind. Our Google Classroom Code is **3moajhg**. Please communicate with us through Remind or email me if you have any questions! We are looking forward to a great season! See you on October 16th!

Coach Durham | Camden Wrestling | rdurham@camden.k12.ga.us

# Saint Marys Middle School | Bobcat Wrestling | 2023-24

## **Parent Permission Form**

Student Name - Please Print (First and Last Name)	Grade
Parent/Guardian Name	Phone Number
Parent/Guardian Signature	Email Address